

# LOOKING FOR A COMPLETE & SIMPLE NUTRITIONAL PRODUCT?

## DO YOU:

- *Take medications?*
- *Drink coffee, soda, tea or alcohol?*
- *Eat sugar or fast food?*
- *Have blood sugar or blood pressure issues?*
- *Have joint and muscle pain?*
- *Eat enough vegetables?*
- *Struggle with chronic health problems or disease?*

The Edison System is specially designed to support the body's organ systems and it's ability to heal and maintain itself.

With the right balance, form, and range of vitamins, minerals, enzymes, probiotics, and co-nutrients, the Edison Pack supports total body health in both men and women.

## YOU NEED THE EDISONPACK

Ask Your Doctor for  
More Information Today!

FORMULATED  
FOR BOTH  
MEN'S AND  
WOMEN'S  
WELLNESS!



THE  
EDISONSYSTEM  
INTELLIGENT WELLNESS

## EDISONPACK WOMEN'S WELLNESS



THE  
EDISONSYSTEM  
INTELLIGENT WELLNESS

THE DOCTOR OF THE FUTURE WILL GIVE NO MEDICINE, BUT WILL INTEREST HER OR HIS PATIENTS IN THE CARE OF THE HUMAN FRAME, IN A PROPER DIET, AND IN THE CAUSE OF PREVENTION OF DISEASE. — THOMAS EDISON

[www.vitalleonutrition.com](http://www.vitalleonutrition.com)



VITALLEO



## **Supplementation:**

What is a functional supplement?

Supplements that we use in functional medicine differ from prescription medication due to the fact that they are 100% natural. In fact, unlike medication that often requires a prescription, supplements usually don't because their ingredients are nutrients that are already found naturally in our bodies (such as vitamins and minerals) or derived from plants that have zero to minimal known side-effects.

Ultimately, supplements are designed to support and correct nutrient deficiencies and imbalances in the body that play a role in underlying dysfunctions. In functional medicine we like to utilize supplements instead of prescription medication as much as possible because they are able to address the root cause of why someone is feeling the way they do with the least amount of side effects. This also helps prevent disease, as we are correcting imbalances that can lead to further breakdown of the body.

Ultimately, supplements are considered functional because they help correct dysfunction in the body to restore proper function.

Types of supplements

Most functional medicine supplements include a single nutrient or ingredient or can combine a few for a more targeted approach at addressing a certain health issue. Some of these include:

Vitamins: These include vitamins like A, D, C, and more that our bodies rely on in specific amounts to function

Minerals/Trace elements: These include zinc, copper, iron, selenium, and iodine to name a few that are necessary for your body to function optimally

Amino acids: Essential for vital bodily functions, they are the compounds that form protein

Herbs: These are derived from plants, seeds, berries, flowers, or roots.

Most of these nutrients can be found naturally in food. However, our modern diets are filled with processed, prepackaged foods that often lack the variety of nutrients your body needs to thrive and can increase the need for supplementation.

## **Premier Research Labs:**

You can find Premier Research Labs (PRL) Supplements for sale in our office! PRL is a professional, medical grade supplement brand.

Premier Research Labs (PRL) was founded to deliver uncompromising quality and effectiveness by providing 100% non-toxic and effective products. In fact, PRL has achieved an industry first in creating premier nutritional products based on quantum cellular resonance technology. Our products are free of undesirable chemical tag-alongs and are designed to deliver the very best quality to you and your patient.

## **Barlow Herbal:**

Barlow Herbal is an amazing company that focuses on herbs and herbal tinctures to allow you to take control of your health. Barlow Herbal encourages and celebrates when people take charge of their health and utilize the herbs that grow all around us in their daily care. These are high quality products made in the US. You will find tinctures that cover things like general wellness, women's health, high blood pressure, candida, sleep/insomnia, detox, skin issues and so much more!